INTERACCIÓN TRIBUNAL-ASPIRANTES

HEALTH

In this part of the test we are having a conversation about HEALTH. I am going to ask some questions that you are expected to answer. Try not to use monosyllabic answers, but to build up your responses; please show interest and take active part in the conversation.

1. Do you consider yourself a healthy person? Why? Why not?
2. What about your diet? Do you really pay attention to what you eat?
3. Is obesity a great problem where you live? Apparenty, more and more Spanish children are becoming obese. What do you think is the reason for this? What would you do to stop this problem?
4. Do you agree with the saying “Eat your breakfast, share your lunch with a friend and give dinner to your enemy”? What do you think it means?
5. Do you think life is more stressful today than fifty years ago? When do you feel stressed and how does stress affect you? What do you do to overcome stress?
6. How do you think body and mind are connected?
7. What is your opinion about alternative medicine?
8. Do you smoke? Do you think tobacco companies should be responsible for a person’s addiction to nicotine?
9. What is the health system like in your country? Do you think it can be improved? If so, how?